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One Minute For Yourself The

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One Minute for Myself (New York: W. Morrow, 1985) [retitled One Minute for Yourself] The One Minute Teacher: How to Teach Others to Teach Themselves (with Constance Johnson) (New York: W. Morrow, 1986) "Yes" or "No": The Guide to Better Decisions (New York, NY: HarperCollins Publishers, 1992) Who Moved My Cheese?:

Spencer Johnson (writer) - Wikipedia

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